

## Basic Backpacking Check List

### Each Hiker

- Backpack
- Water bottle (any)
- Weather protection: Rain/Sun/Snow
- One layered set of clothes to hike in (really)*
- Spare socks: 3 pair (non-cotton)
- Knife
- Flashlight (headlamp)
- Personal mess kit (mug and spoon)
- Personal toiletries (including meds)
- Sleeping Bag & Pad
- Good attitude

### Each Group

- Shelter
- Pots/Pans/Utensils
- Toilet Trowel w/TP
- Lighter and matches
- First aid kit
- Compass & Map
- Pen & small notebook
- Water Purification
- Stove & Fuel
- Clean-up stuff
- Food (in a bear bag w/rope)